Your personalized step by step guide to achieving your goals for 2021

Eight Steps to Making 2021 Your Year

Chosen Weeds Farm

Evaluate Your Priorities

Step One.....Ditch the New Year's Resolution

Set TwoDream Big	Set ThreeWhat are your Non-
If you were to have the perfect year and you would not fail, what would it look like?	Negotiable?
Step FourWhat are your goal particles are sould be pounds lost, days exercised, miles run, e	rojections? etc. Be specific. This should make you uncomfortable.

Step Five.....Year in a Glance

Get out your calendar.

Map out when you will be taking vacation, when you have extracurricular activities with the kids (if you know this), when you are working, etc. Mark those on the calendar.

Personal Fulfillment

Step 6...Who Do I Have To Become to Reach My Goals?

This is the first step in achieving your goals.

Ask yourself a series of deep, meanful questions
What did I enjoy doing this year? I did I love to grow, create, do, etc?
What did I hate working on?
What did I want to do but never got to do?
Where didn't I have enough resources to reach my goal? (i.e. not enough people to help, not enough money, not enough time.

Step 7...Plan out your weeks

Pick a day to sit down and plan your week out.

What meals will you be having?

What errands do you need to do?

What projects need to be accomplished?

Step 8...Take Care of Yourself

What are you going to do in 2021 to take care of yourself?

This is completely personal and individual.

Are you excited about 2021?

If not, as yourself "Why am I not looking forward to 2021?"