

**Your personalized  
step by step guide to  
achieving your goals  
for 2021**

# **Eight Steps to Making 2021 Your Year**

Chosen Weeds Farm

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## **Step Five.....Year in a Glance**

Get out your calendar.

Map out when you will be taking vacation, when you have extracurricular activities with the kids (if you know this), when you are working, etc. Mark those on the calendar.

## **Personal Fulfillment**

### **Step 6...Who Do I Have To Become to Reach My Goals?**

**This is the first step in achieving your goals.**

**Ask yourself a series of deep, meaningful questions**

What did I enjoy doing this year? I did I love to grow, create, do, etc?

What did I hate working on?

What did I want to do but never got to do?

Where didn't I have enough resources to reach my goal? (i.e. not enough people to help, not enough money, not enough time.

### **Step 7...Plan out your weeks**

Pick a day to sit down and plan your week out.

What meals will you be having?

What errands do you need to do?

What projects need to be accomplished?

### **Step 8...Take Care of Yourself**

What are you going to do in 2021 to take care of yourself?

This is completely personal and individual.

Are you excited about 2021?

If not, as yourself “*Why am I not looking forward to 2021?*”